

Dyslexia Assessment and Consultancy

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Dyspraxia Checklist

Tick if Yes

- Do you bump into things/people and often trip over?.....
- Do you spill and drop things often?
- Do you find it difficult to do practical tasks such as: cooking
DIY
typing
keying numbers on the 'phone
driving a car
riding a bike
- Do you find sports difficult, especially team and bat and ball games?.....
- Do you find it difficult to judge distance and space?
- Are you over/under sensitive to: sound
smell
taste
- Are you generally disorganised and untidy?
- Do you have problems prioritising and discriminating the essential from the inessential?
- Do you find it hard to finish off work?
- Do you often lose things and find it difficult to remember where you have put them?

Do you have problems working against a background of noise?.....

Is there a delay between hearing something and understanding it?.....

Do you take spoken and written words literally and find it hard to pick up shades of meaning?

Do you find it difficult to interpret body language?

Do you interrupt people often?.